

Washington Capitals Goaltender Coach  
Mitch Korn presents

# 2016 **ST. LOUIS** **SPECIALIZED** **HOCKEY** **PROGRAMS**



4 great days

## **\*GOALTENDER** **PROGRAM\***

June 18-21

(Sat. thru Tues.)

\*ages 9 to adult

\*full day program

\*none better!

\*sold out in 2015



## **\*DEFENSEMAN** **PROGRAM\***

June 18-21

\*ages 9-14

\*Sat - Tues

\*3 hours of ice daily

*\*defense need training, too*



## **KORN CAMP** GOALTENDERS • DEFENSEMEN



**WEBSTER GROVES ICE COMPLEX**  
33 East Glendale

Webster Groves, Mo. 63119

for info call Marty @ (314) 878-5372

or visit

**www.mitchkorn.com**



## KORN CAMP the SPECIALIZED CONCEPT

Back in 1977 Mitch Korn organized his first **Specialized Goal Program** in Buffalo, NY. In between then and now, Mitch and the staff have developed this unique concept. These camps have grown into the **best in the country** with 8 locations offered. Why not attend a program specially designed by position? It was Mitch's work in goalie camp that helped him become the Sabres Goalie Coach in 1991.



### **MITCH KORN** **25 years in the NHL**

Mitch is in his 2<sup>nd</sup> season with the Washington Caps as Goalie Coach, after 16 yrs. with the Nashville Predators, and previously 7 years with the Buffalo Sabres. His hard

work, superb communication skills, ability to "dissect" a goalie's game, and great sense of humor has gained him the respect and friendship of those he has coached and worked with at all levels. Fondly referred to as "**Children of the Korn**" (a phrase coined by Caps coach Barry Trotz) these current and former goalies



(many of whom are now coaching) have benefited from and helped spread the "goalie gospel according to Mitch". Besides having coached present and former pro goalies Braden Holtby, Philipp Grubauer, Justin Peters, Pekka Rinne, Carter Hutton, Anders Lindback, Chris Mason, Dan Ellis, Marty Biron, Dominik Hasek, Tomas Vokoun, Jeremy Smith, Magnus Hellberg, Marek Mazanec, Scott Darling, and Mike McKenna, Mitch has coached and influenced many others who have (in the past) or who are currently coaching professionally. They include: Mike Valley (Dallas), Ben Vanderklok (Nashville), Mike Dunham (Islanders), Wade Flaherty (Winnipeg), Mike Bales (Pittsburgh), Steve Briere (Toronto), Ty Conklin (AHL for St. Louis), and Bob Janosz (AHL for Buffalo). Also, Corey Hirsch (St. Louis), Clint Malarchuk (Calgary), Grant Fuhr (Phoenix), Olaf Kolzig (Washington), Steve McKichan (Toronto), Steve Shields (AHL for Florida) previously coached professionally. **Mitch is on ice for the entire camp!**

## **ABOUT THE STAFF**

A highly qualified and experienced staff will be put together to provide the best instruction and supervision. We guarantee that our staff will be more than just coaches or players . . . they will be teachers! For example:

### **for the Defense Program:**

**Patrick Higgins:** -helped design our Defenseman Program

-Program Head Coach

-former collegiate hockey player

-9<sup>th</sup> year with Korn Camp

*\*plus several Asst. Coaches*

### **for the Goalie Program:**

Besides Mitch, we have developed a staff of loyal, energetic coaches with most still playing at the junior, collegiate or pro level.



## **ABOUT THE GOALTENDER PROGRAM**

### **THE SCHOOL'S OBJECTIVE**

Goaltending is more than just blocking pucks. This unique program teaches and drills the **physical skills** needed such as full and half butterflies, shuffles, stick skills, power pushes, recoveries, transitions, post play, etc., along with the **mental skills** such as save selections, "reading the play," tracking, angles, focus, situational analysis, etc. We provide a "**full-day**" experience.



### **MITCH'S PHILOSOPHY**

There is no substitute for hard work. Mitch works the goalies hard. But, Mitch also believes in having fun. Humor is a major part of the teaching process. The goalies work together as a "team" all week long. Mitch runs all the ice sessions.

### **OUR FORMAT**

In order to accomplish our task, the goalies receive a minimum of 3.75 hrs. of ice time daily, plus 3.5 hrs. of structured off ice activities. Video is taken to teach and reinforce the skills.

### **THE ON ICE PROGRAM**

The ice time will be divided into 2 sessions. The first session is designed to teach and drill the skills needed. The second session consists of "stations" with shooters and lots of pucks to help the goaltender "execute" on the skills taught. **Great training tools such as low & high shot screen boards, an on ice mirror, reaction cones, the med ball goalie "stabilizer", high shot deflection boards, on ice video, mini and white pucks, focus enhancers and glove weights are used.**



### **OFF ICE PROGRAM**

The goalies will have 2 daily off ice sessions which include: video instruction, equipment innovations, uniquely developed NHL DVD's to help teach "goalie sense," mental skill development, reading and reacting, how to handle the many game situations . . .and more!

### **AGES, STRUCTURE, AND ENROLLMENT**

We will accept ages 9 - adult, with the goalies grouped in "teams" by age and ability. All ice work is done as an individual, with a partner, or in a "station" of four. What you do is important, not what the goalies does next to you. Enrollment is limited and is first come, first served. This school is a commuter program . . . no housing is provided. *Ages are as of December 31, 2016.*

### **PROGRAM SCHEDULE - "A full day experience"**

7:45a Check-In on Sat. June 18

8:30a Daily Arrival

8:35a Classroom

10:15a-11:45a On ice training

11:50a Lunch (bring or buy)

12:45p-2p Off-ice block

2:30p-5p On ice station training



## ABOUT THE DEFENSE PROGRAM



### ABOUT BEING A DEFENSEMAN

Good defensemen are in great demand. All coaches search for these strong backliners to solidify the team's play in their own zone and to start the offense. Since the advent of Goalie Schools, defensemen have truly been **the most neglected players**. By far, defense is the most difficult position on the ice.

### ABOUT OUR CONCEPT

The concept of "position specific" is not unique to summer goaltender camps . . . so why not bring the same concept to playing defense! We will break the defense's job down by zone and by skill to provide the most rewarding on-ice experience possible. Our feedback has been **FANTASTIC**.

### THIS SCHOOL'S CURRICULUM

*Our program will cover the following, and more:*

- \*defenseman skating skills such as backward pivots, mohawk turns, lateral motions
- \*situational coverages (1 on 1, 2 on 1, etc.)
- \*point play, shot blocking, pinching, shooting
- \*tying up opponents, initiating breakouts
- \*checking and angling; reading & reacting . . . and much more

### AGES, STRUCTURE, AND ENROLLMENT

We will accept **ages 9-14**, with the **defensemen divided into 6 "teams" by age**. All ice work is done as an individual, with a partner, or in a "station." What you do is important, not what the player does next to you. Enrollment is limited to 6 defensemen per team and is first come, first served. It is a commuter program with no housing provided. **Ages are as of Dec. 31, 2016.**



### THIS ON ICE PROGRAM

The participants will have two ice sessions daily totaling 3 hours, all geared toward defensemen and the skills they need to have success.

### OFF ICE PROGRAM

Each day the defensemen will have a classroom session. In addition, we will use specifically designed NHL highlight video tapes to help teach **hockey sense, reading and reacting, and defense skills such as breakouts, pinching, hinging, angling etc.**

### PROGRAM SCHEDULE

**\*\*The full program begins after Check-In**

7:30am	Check-In on Sat.
8am	Daily Arrival
8:30-10a	On Ice
10:10a-10:40	Snack/Break*
10:40a-11:40	Classroom
12p-1:30p	On Ice
1:30p	Day Ends

\*snack bar open



## FOR BOTH PROGRAMS

### THE SCHOOL'S LOCAL COORDINATOR...

#### MARTY ABITZ

A St Louis native, Marty has been involved in youth hockey for many years. Marty will handle all the marketing, details of putting on great schools, and will be available to answer all questions.

### WEBSTER ICE COMPLEX

**33 East Glendale, Webster Groves, Mo. 63119.** The Webster Rec. Complex includes one ice surface, excellent dressing rooms, a snack bar and meeting rooms, along with swimming, tennis, basketball and volleyball facilities.

### REGISTRATION/CONFIRMATION E-MAIL and CHECK-IN

**\*NEW\*** *All registration is now on line.* Please see the **back flap** for details. Once registered, you will receive an acceptance e-mail explaining how to access the camp final information sheet and medical form. Specifics will be in the final information sheet that you will print.

**Check-In for the Defense Program** will be **Sat.** morning, June 18 at 7:30am, followed by the full program.

**Check-In for the Goaltender Program** will be **Sat.** morning, June 18 at 7:45am, followed by the full day's program.

### MEDICAL INSURANCE

**All PLAYERS MUST POSSESS MEDICAL INSURANCE.**

Neither Mitch Korn nor anyone associated with Korn Camp will be responsible for any medical or dental expenses. Accidents or illness will be treated at a hospital near the rink. Our medical form is available on our website to print. A medical and liability release statement is included on this form. It must be completed and signed by a parent and brought to check-in.



### COST/DEPOSIT/REFUND POLICY

*The cost for each program is as follows:*

Goaltender Program:	\$575.00
Defenseman Program:	\$375.00

A **non-refundable deposit of \$100 for the Goaltenders and \$75 for the Defensemen** is charged and is applied to your tuition. The payment balance is charged on **May 8**. The complete refund and payment procedure is part of the final information sheet. Full payment must accompany any new applications after May 8, should space be available.



### EQUIPMENT NEEDED

All players must supply and properly wear their own, full, legal equipment. A camp jersey sponsored by **CCM** will be provided. All players should be able to dress themselves for the ice. Parental assistance is permissible outside the locker rooms. Individual water bottles are optional.

### FOR MORE INFORMATION

Should you have questions, feel free to call:

Marty Abitz...locally... (314) 878-5372

Mitch Korn:... (513) 226-4332 (cell)

Other Defense or Goalie Schools are offered around the country

**Check out [www.mitchkorn.com](http://www.mitchkorn.com)**

## **On-Line Registration / Payment Details**

- On-line registration begins **JANUARY 11, 2016**
- all enrollment is now done on-line accessed via **[www.mitchkorn.com](http://www.mitchkorn.com)** and by clicking the prompt on the left side
- **[www.active.com](http://www.active.com)** is the service provider
- an on-line application is completed and you will establish a personal account on [www.active.com](http://www.active.com).
- all fees are paid via credit card
- the **deposit paid reserves your spot**. That deposit is credited to the full camp tuition and is **non-refundable and non-transferable**.
- the balance of fees (full tuition less deposit) will be charged to the credit card used to register on **May 8**.
- there is a 5% **“registration fee”** on the full camp tuition to cover credit card and admin. fees and is charged at the time you “pay in full”. This fee is **non-refundable and non-transferable**.
- most credit cards are accepted
- you will receive a **Confirmation E-mail of Acceptance** once you complete registration.
- please print your camp’s **Final Information Sheet** and **Medical Form** from the Confirmation E-mail (on right side) or from **[www.mitchkorn.com](http://www.mitchkorn.com)** (go to the Camp Forms tab).

**KORN CAMP**  
**GOALTENDERS • DEFENSEMEN**