

Nashville Predators Goaltender
Coach Mitch Korn presents

2010 **ST. LOUIS** **SPECIALIZED** **HOCKEY** **PROGRAMS**



**both programs sold out in 2009*

*GOALTENDER

PROGRAM

July 12-16

- *ages 9-adult
- *Full day program
- *none better!
- *register early



*DEFENSEMAN

PROGRAM*

July 12-16...ages 9-14

- *Defensemen need training, too!
- *3 hours of ice daily

WEBSTER GROVES ICE COMPLEX

**33 East Glendale
Webster Groves, Mo. 63119**

**for info call Marty
@ (314) 878-5372**

or visit

www.mitchkorn.com

Looking to go away to hockey camp?

consider the

MIAMI UNIVERSITY SUMMER HOCKEY SCHOOL

in Oxford, Ohio

Call for brochure...(513) 529-9800

Or check out our website...

www.ice.muohio.edu

*The best sleep away
camp in the business*



KORN CAMP... **the SPECIALIZED CONCEPT**

Back in 1977 Mitch Korn ran his first weekend **Goaltender School** in Buffalo, NY. In between then and now, Mitch and the staff have perfected this "specialized" concept. These camps have now grown into the **best in the country**. Other locations include Minneapolis, St. Louis, Cincinnati, Nashville, New Haven Ct., and Buffalo & Newburgh NY. Why not attend a program specially designed by position! In fact, it was Mitch's work in the goalie school that helped him land the Sabres job in 1991.

ABOUT MITCH...



19 years coaching in the NHL

Now in his 12th season with the Nashville Predators, Mitch previously spent 7 seasons as the Goaltender Coach for the Buffalo Sabres organization. His hard work, superb communication skills, ability to

"dissect" a goalie's game, and great sense of humor has gained him the respect and friendship of those he has coached and worked with at all levels. Fondly referred to as "**Children of the Korn**" (a phrase coined by Predator head coach Barry Trotz) these current and former goalies (many of whom are now coaching) have benefited from and helped spread the "goalie gospel according to Mitch". Besides coaching present and former pro goalies Dan Ellis, Pekka Rinne, Chris Mason, Marty Biron, Ty Conklin, Dominik Hasek, Tomas Vokoun, Olaf Kolzig, Drew MacIntyre and Mark Dekanich, Mitch has coached and influenced many who have (in the past) or who are currently coaching professionally. They include: Mike Valley (Dallas), Grant Fuhr (Phoenix), Clint Malarchuk (Columbus), Steve McKichan (Toronto), Mike Dunham (Islanders), Corey Hirsch (Toronto), Bob Janosz (Rochester-AHL), Karl Goehring (Syracuse-AHL), Ben Vanderklok (Milwaukee-AHL) and Wade Flaherty (Rockford-AHL). **Mitch is on ice for the entire goalie program! Can anyone match his 18 years of coaching and success in the NHL?**

ABOUT THE STAFF

A highly qualified and experienced staff will be put together to provide the best instruction and supervision. We guarantee that our staff will be more than just coaches or players . . . they will be teachers! For example:

For the Defense Program:

Norm McCauley: -designed our Defenseman Program
-former Asst. Coach for Miami RedHawks
-former pro defenseman

Matt Cady: -former Division I defenseman
-an athletic staff member at Miami
**plus a number of collegiate Division I and II players*



For the Goaltender Program:

Besides Mitch, we have developed a staff of loyal, highly energetic coaches with most still playing at the junior, college or pro level, including pro goalie and St. Louis native **Mike McKenna**.

ABOUT THE GOALTENDER PROGRAM

THE SCHOOL'S OBJECTIVE

Goaltending is more than just stopping pucks. This unique program will teach and drill the **physical skills** needed such as full and half butterflies, shuffles, stick skills, power pushes, recoveries, transitions, etc., along with the **mental skills** such as save selections, "reading the play," tracking, angles, focus, situational analysis, etc. We provide a **"full-day" experience**.

MITCH KORN'S PHILOSOPHY

There is no substitute for hard work. Mitch works the goalies very hard. But, we also believe in having fun . . . lots of fun. Humor is a major part of the teaching process. In addition, the goalies work together as a "team" or "family" all week long. **Mitch runs all the ice sessions.**

THE SCHOOL'S FORMAT

In order to accomplish our task, the goalies will receive a minimum of 3.75 hours of ice time **daily**, plus 3.5 hours of supervised off ice activities. Video is taken of the goalies to help teach and reinforce the skills.

THE ON ICE PROGRAM

The ice time will be divided into 2 sessions. The first session is designed to teach and drill the skills needed. The second session consists of "stations" with shooters and lots of pucks to help the goaltender "execute" on the skills taught.

Great training tools such as low and high shot screen boards, an on ice mirror, high shot deflection boards, on ice video, mini and white pucks, focus enhancers and glove weights will be used



OFF ICE PROGRAM

The goalies will have 2 daily off ice sessions which include: video replay, goalie dryland training, uniquely developed NHL highlight dvds to help teach "goalie sense," mental skill development, reading and reacting, how to handle the many game situations, equipment innovations...and more!



AGES, STRUCTURE, AND ENROLLMENT

We will accept ages 9 - adult, with the goalies grouped in "teams" by age and ability. All ice work is done as an individual, with a partner, or in a "station" of four. What **you** do is important, not what the goalies do next to you. Enrollment is limited to

40 goaltenders. Enrollment is first come, first served. This school is a commuter program . . . no housing is provided. **Ages are as of December 31, 2010.**

TYPICAL SCHEDULE

"A full day experience"

7:45am	Register on Monday...a "full day" follows
8:30am	Daily Arrival
8:35am	Classroom
10:15am-11:45	On ice training
11:50a	Lunch (bring or buy)
12:30pm-2pm	Off-ice block
2:30pm-4:45pm	On ice station training
4:45pm	Day ends



ABOUT THE DEFENSE PROGRAM

ABOUT BEING A DEFENSEMAN

Good defensemen are in great demand. Every coach searches for these strong backliners to solidify the team's play in their own zone and to start the offense. Since the advent of Goalie Schools, defensemen have truly been the most neglected players. By far, defense is the most difficult position on the ice.



ABOUT OUR CONCEPT

The concept of "position specific" is not unique to summer goaltender schools . . . so why not bring the same concept to playing defense! This program will break the defenseman's job down by zone and by skill to provide the most rewarding on-ice experience possible. The feedback has been FANTASTIC.

THIS SCHOOL'S CURRICULUM

Our program will cover the following, and more:

- *defenseman skating skills such as backward pivots, mohawk turns, lateral motions
- *situational coverages (1 on 1, 2 on 1, etc.)
- *point play, shot blocking, pinching, shooting
- *tying up opponents, initiating breakouts
- *checking and angling; reading & reacting . . . and much more

AGES, STRUCTURE, AND ENROLLMENT

We will accept ages 9-14, with the defensemen divided into 6 "teams" by age. All ice work is done as an individual, with a partner, or in a "station." What you do is important, not what the player does next to you. Enrollment is limited to 6 defensemen per team and is first come, first served. It is a commuter program with no housing provided. *Ages are as of Dec. 31, 2010.*

THIS ON ICE PROGRAM

The participants will have two ice sessions daily totaling 3 hours, all geared toward defensemen and the skills they need to have success.



OFF ICE PROGRAM

Each day the defensemen will have a classroom session. In addition, we will use specifically designed NHL highlight videos to help teach "hockey sense", "reading and reacting", and defense skills such as breakouts, pinching, hinging, etc.

PROGRAM SCHEDULE (Mon.-Fri.)

***The full program begins on Monday*

7:30 am Monday registration, orientation and then the day begins

8am Daily Arrival
 8:30-10am On Ice
 10:10-10:40 Snack/Break*
 10:40-11:40 Classroom
 Noon-1:30pm On Ice
 1:30pm Day Ends

**snack bar open*



FOR BOTH PROGRAMS

THE SCHOOL'S LOCAL COORDINATOR... MARTY ABITZ

A St Louis native, Marty has been involved in youth hockey for many years. Marty will handle all the marketing, details of putting on great schools, and will be available to answer all questions

WEBSTER ICE COMPLEX

33 East Glendale, Webster Groves, Mo. 63119. The newly renovated Webster Rec. Complex includes our ice surface, excellent dressing rooms, a snack bar and meeting rooms, along with swimming, tennis, basketball and volleyball facilities.

CONFIRMATION MAILING and REGISTRATION

Shortly after our receipt of your application and deposit, you will receive an acceptance statement with an explanation on how to **access our website to print final detailed information on the program, and a medical form.**

Registration for the Goaltender Program will be Monday morning, July 12 at 7:45am, followed by the full day's program.

Registration for the Defense Program will be Monday morning, July 12 at 7:30am, followed by the full program.

All specifics will be in the info you print off our web site.

MEDICAL INSURANCE

EACH PLAYER MUST POSSESS MEDICAL INSURANCE. Neither Mitch Korn nor anyone associated with Mitch Korn's Specialized Hockey Camps, Inc. will be responsible for any medical or dental insurance. Any accidents or illness will be treated at a hospital near the ice facility. Our medical insurance form is available on our website for each participant to print. A medical and liability release statement is included on this form. It must be signed by a parent or guardian and brought to registration



COST/DEPOSIT/REFUND POLICY

The cost for each program is as follows:

Goaltender School: \$520.00
 Defenseman School: \$350.00

A **non-refundable deposit of \$75 for the Goaltenders and \$50 for the Defensemen** is charged and should be sent with the application. The balance of payment for all programs is due by **MAY 1**. The complete refund and payment procedure will be part of the information you will print from the website. Full payment must accompany any applications received after May 1, should space be available.

EQUIPMENT NEEDED

All players must supply and properly wear their own, full, legal equipment. A camp jersey sponsored by **REEBOK** will be provided. All players should be able to dress themselves for the ice. Parental assistance is permissible outside the locker rooms. Individual water bottles are optional.



FOR MORE INFORMATION

if you have questions, feel free to call:

Marty Abitz...locally...(314) 878-5372
 Mitch Korn...(513) 226-4332 (cell)

Other Defense or Goalie Schools are offered around the country

Check out www.mitchkorn.com

2010 MITCH KORN'S SPECIALIZED HOCKEY CAMPS at the WEBSTER GROVES ICE COMPLEX
APPLICATION

Player's Name _____ Phone # (cell) _____ (home) _____
Address _____ Height _____ Weight _____ Level Played (A, AA, etc.) _____
City _____ State _____ Zip _____ Birthdate _____ Age as of Dec. 31, 2010 _____

SELECT YOUR PROGRAM CHOICE (please circle program)

DEFENSE PROGRAM – July 12-16

OR

GOALTENDER PROGRAM - July 12-16

Jersey size (circle): Adult Sizes: M L XL XXL (a choice for goalies only)

Player's position: _____

Make check payable to: Mitch Korn's Specialized Hockey Camps, Inc.

Parent's e-mail address _____

and mail to: **Korn Camp**

Date: _____ Amount Enclosed _____

St. Louis Specialized Hockey Camps
PO Box 190 Oxford, Ohio 45056

-----**please cut/tear here**-----