



ABOUT "KORN CAMP"

Back in 1977 Mitch Korn ran his first **Goaltender Camp** in Buffalo, NY. In between then and now, Coach Korn and his staff have developed this unique concept. These camps have grown into the **best in the country** with 8 locations offered. Why not attend a program specially designed by position? In fact, it was Mitch's work in goalie camp that helped him land the job as the Sabres Goalie Coach in 1991.

MITCH KORN...celebrating 32 years in the NHL

Mitch is in his 5th year with the NY Islanders after 4 years with the Capitals, 16 seasons with the Predators and 7 seasons with the Sabres...and he is a Stanley Cup Champion. His hard work, communication skills, ability to "dissect" a goalie's game, and great sense of humor have gained him the respect and friendship of those he has coached and worked with. Fondly referred to as "**Children of the Korn**" (a phrase coined by Islanders former coach Barry Trotz) these

current and former goalies (many who are now coaching) have benefited from and helped spread the "goalie gospel according to Mitch". With Robin Lehner's nomination (2019) and Braden Holtby winning of the 2016 Vezina Trophy, they marked the 9th Korn coached goalie nomination and 5th awarded Vezina. Dom Hasek also won 2 MVP Hart trophies under Korn. He is the only coach in NHL history to coach a goalie to a Vezina with two different teams (Buffalo, Washington). Korn goalies have earned the 3 Jennings Trophies (fewest goals against) with the NYI (Lehner & Greiss), Buffalo (Fuhr & Hasek) and Caps (Holtby). Mitch has coached many present and former pros. Some include: Semyon Varlamov, Ilya Sorokin, Cory Schneider, Thomas Greiss, Chris Gibson, Braden Holtby, Philipp Grubauer, Vitek Vanecek, Robin Lehner, Pekka Rinne, Carter Hutton, Devin Dubnyk, Scott Darling, Pheonix Copley, Parker Milner, Mike McKenna, Chris Mason, Dan Ellis, Marty Biron, Dominik Hasek, and Tomas Vokoun.



Mitch has coached and influenced others who have (in the past) or who are currently coaching professionally. Some include: Ben Vanderklok (Nash.), Scott Murray (Wash.), Steve Briere (Toronto), Wade Flaherty (Winnipeg), Alex Westlund (Detroit), Mike Bales (Buffalo), Olaf Kolzig (development for Wash.), Mike Dunham (AHL for Boston), Justin Peters (AHL for Ottawa), Drew McIntyre (AHL for Winnipeg), and Seamus Kotyk (AHL for Buffalo). **Can anyone match his 32 years of goalie success in the NHL?**

THE PROGRAM'S OBJECTIVE

Goaltending is more than just being a blocker. Our program teaches and drills the **physical skills** needed such as head tracking, shifting, full and half butterflies, power pushes, shuffles, transitions, recovery, stick skills, post play, etc., along with the **mental skills** such as save selections, "reading the play," angles/positioning, puck tracking, rebooting, focus, etc. to become a **complete GOALTENDER**. We provide a "full-day" experience. **A great staff is there to assist Mitch.**

MITCH'S PHILOSOPHY

There is no substitute for hard work. Mitch works the goalies hard. But Mitch also believes in having fun. Humor is a major part of the teaching process. The goalies work together as a "team" all camp long.

THE CAMP'S FORMAT

The goalies receive 4 hours of ice **daily**, plus 3+ hours of structured off ice activities. Video is used to help teach and reinforce the daily skills.

THE ON ICE PROGRAM

The ice time is divided into 2 sessions. The first is designed to teach and drill the skills needed. The second session consists of "stations" with shooters and lots of pucks to help the goaltender "execute" on the skills taught. **We use great training tools such as low & high shot screen boards, deflection boards, a deflection ramp, an ice mirror, glove weights, pro-angle, the med ball "goalie stabilizer," bungee balls, focus enhancers, a head tracking leash, on ice video and mini & white pucks.**



OFF ICE PROGRAM

There are 2 daily off ice sessions which include: video instruction, uniquely developed NHL video to help teach "goalie sense," mental skill development, reading & reacting, how to handle the many game situations, equipment innovations and more!

EQUIPMENT NEEDED

Goalies must supply their own, and always wear properly, full, legal equipment. A camp jersey is provided. Goalies should be able to dress themselves for the ice. Parental help is permissible outside the locker rooms.

INSURANCE/MEDICAL

EACH PARTICIPANT MUST POSSESS MEDICAL INSURANCE. Neither Mitch Korn nor anyone associated with Korn Camp is responsible for any medical or dental insurance. Injuries or illness will be treated at a local hospital. Our medical form must be printed from our site. A medical and liability release is included on this form. It must be completed and signed by a parent and **brought** to check-in.

AGES, STRUCTURE, AND ENROLLMENT

We accept ages 9 – adult, with the goalies grouped in "teams" by age and ability. All ice work is done as an individual, with a partner, or in a "station" of four. What **you** do is important, not what the goalie does next to you. Enrollment is limited...first come first served. This is a commuter program; no housing is provided. **Ages are as of Dec. 31, 2023.**

REGISTRATION / CONFIRMATION E-MAIL / CHECK-IN

All registration is done online. Please see the **page below** for details. Once registered, you will receive an acceptance e-mail explaining how to access the camp final information sheet, and a medical form. **CHECK-IN is SAT., July 22 @ 7:40am. A "full day" follows.**

COST/DEPOSIT/REFUND POLICY

Cost per goaltender is \$895 (U.S. funds). A **non-refundable** deposit fee of \$100 (U.S. funds) is charged and is applied to your tuition. The payment balance is charged on **May 5**. The complete refund and payment procedure is part of the final information sheet. Full payment must accompany any new applications after May 5, should space be available.

DAILY SCHEDULE

7:40a	Check-In on Sat.
8:20a	Daily Arrival
8:30a	Classroom
10:15a	On ice training
12n	Lunch (lunch package offered)
1:00pm	On ice stations
3:50pm	Off-ice block
5pm	Day complete



Our location ... RESTON SKATEQUEST

SkateQuest is a twin sheet indoor ice center in Reston, VA. with a full-service pro shop, café, and plenty of locker and party rooms. Open year round, SkateQuest has been home to hockey players since 1993. This fantastic facility provides a great environment for teaching and training.



HOST HOTEL - Homewood Suites

Right next to the rink at 1735 Business Center Drive, the **Homewood** is where we will stay. This hotel is a year old with great rooms, laundry facilities, and free breakfast. Rooms will go quickly. Ask for the **KORN CAMP** rate which is significantly discounted. See the **Camp Final Information Sheet** on our website for more details.

FOR MORE INFORMATION

Feel free to call Mitch: (513) 226-4332 (cell)

On-Line Registration / Payment Details

We are planning for a “normal” registration in 2023.

Be ready ... Demand will far exceed supply. We are so sorry for that.

- On-line registration begins **WED. JAN. 11, 2023 at 9am** (eastern)
- all enrollment is on-line accessed via www.mitchkorn.com and by clicking the registration prompt on the left side
- Active Networks is the service provider
- all fees are paid via credit card
- the **deposit paid reserves your spot**. That deposit is credited to the full camp tuition and is non-refundable and non-transferable.
- the balance of fees (full tuition less deposit) will be charged to the credit card used to register on **May 5**.
- there is a 5% **“registration fee”** on the full camp tuition to cover credit card and admin. fees and is charged at the time you “pay in full”. This fee is non-refundable and non-transferable.
- most credit cards are accepted
- Whether you enroll in camp, or on a wait list, you will receive a **Confirmation E-mail** once the process is complete. If not, check spam and ensure you provided your correct email address.
- please print your camp’s **Final Information Sheet** and **Medical Form** from the Confirmation E-mail (link within) or from www.mitchkorn.com (go to the Camp Forms tab).
- When you register, attempt to place the desired camp(s) in your cart quickly. You will have 13 minutes to log in or create an account and complete the personal application information.
- Should you end up on a wait list, your wait list position is based on when you **CHECK OUT**... so do that quickly. No credit card is required to get on a wait list
- to access your Active account to make payments, edit family info., update credit card, etc., go to:

<https://campsself.active.com/MitchKornsSpecializedHockeyCampsInc2023>

NY Islanders’ Director of Goaltending

MITCH KORN

presents

the 2023



DC / RESTON SPECIALIZED GOALTENDER PROGRAM

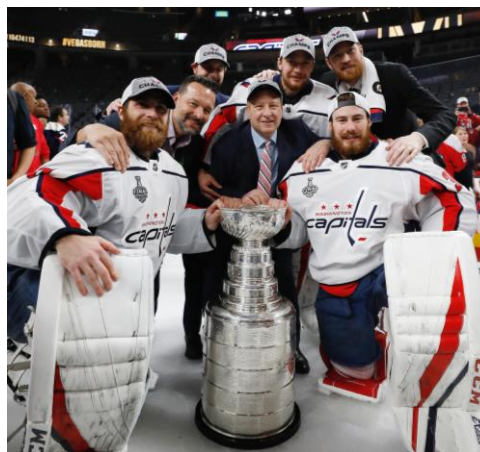
JULY 22 - 25

***Sat. – Tues.**

***Ages 9 – adult**

***Full day program**

NONE BETTER



RESTON SKATEQUEST
1800 Michael Faraday Ct
Reston, VA. 20190

for more info call Mitch
@ (513) 226-4332 or visit
www.mitchkorn.com