

#### **ABOUT "KORN CAMP"**

Back in 1977 Mitch Korn ran his first weekend **Specialized Goaltender Program** in Buffalo, NY. In between then and now, Mitch and the staff have developed this unique concept. These camps have now grown into the **best in the country** with 8 different locations offered. Why not attend a program specially designed by position! In fact, it was Mitch's work in goalie camp that helped him land the job as the Sabres Goalie Coach in 1991.

#### MITCH KORN...24 years in the NHL

After 16 years with the Nashville Predators, and previously 7 years with the Buffalo Sabres, Mitch

Arter 16 years with the Nashville Predators, and previously 7 years was joined the Washington Capitals as Goaltender Coach. His hard work, superb communication skills, ability to "dissect" a goalie's game, and great sense of humor has gained him the respect and friendship of those he has coached and worked with at all levels. Fondly referred to as "Children of the Korn" (a phrase coined by Caps coach Barry Trotz) these current and former goalies (many of whom are now coaching) have benefited from and helped spread the "goalie gospel according to Mitch". Besides having coached present and former pro goalies Braden Holtby, Justin Peters, Pekka Rinne, Carter Hutton, Anders Lindback, Chris Mason, Dan Ellis, Marty Biron, Dominik Hasek, Tomas Vokoun, Jeremy Smith, Magnus Hellberg, Marek Mazanec, and Mike McKenna, Mitch has coached and influenced many others who have (in the past) or who are currently coaching professionally. They include: Mike Valley (Dallas),



Ben Vanderklok (Nashville), Mike Dunham (Islanders), Wade Flaherty (Winnipeg), Mike Bales (Pittsburgh), Ty Conklin (AHL for St. Louis), and Bob Janosz (AHL for Buffalo). Also, Corey Hirsch (St. Louis), Clint Malarchuk (Calgary), Olaf Kolzig (Washington), Grant Fuhr (Phoenix), Steve McKichan (Toronto), Steve Shields (AHL for Florida) previously coached professionally. **Mitch is on ice for the entire program!** 

#### THE CAMP'S OBJECTIVE

Goaltending is more than just blocking. Our program will teach,educate and drill the <a href="mailto:physical skills">physical skills</a> needed such as the butterfly, half butterflies, power pushes, shuffles, transitions, recoveries, stick skills, etc., along with the <a href="mailto:mental skills">mental skills</a> such as save selections, "reading the play," angles, situational analysis, puck tracking, focus, etc. We provide a <a href="mailto:mental skills">"full-day" experience</a>. A great staff

is put together to assist Mitch. THERE IS NONE BETTER!



#### MITCH'S PHILOSOPHY

There is no substitute for hard work. Mitch works the goalies hard, but he also believes in having lots of fun. Humor is a big part of the teaching process. The goalies work together as a "team" or "fraternity" all camp long. Mitch runs the ice sessions, and does a significant amount of teaching.

#### THE CAMP'S FORMAT

Goalies receive 3.75 hours or more of ice time <u>daily</u>, plus 3.5 hours of structured off ice activities. Video will be taken of the goalies and reviewed to help teach and reinforce the skills of the day.

#### THE ON ICE PROGRAM

The ice time is divided into 2 sessions. The first is designed to teach and drill the skills required. The second consists of "stations" with shooters and lots of pucks to help the goaltender "execute" on the skills taught. Great training tools such as reaction light cones, low & high shot screen boards, an on ice mirror, deflection boards, focus enhancers, glove weights, bungee balls, on ice video, the "goalie med ball stabilizer" and mini and white pucks are used.

#### **OFF ICE PROGRAM**

The goalies will have 2 daily off ice sessions which include: video instruction, uniquely developed NHL DVD's to help teach "goalie sense," mental skill development, reading and reacting, how to handle the many game situations, equipment innovations...and more!

#### **EQUIPMENT NEEDED**

Goalies must supply their own, and always wear properly, full, legal equipment. A camp jersey sponsored by **CCM** will be provided. Goalies should be able to dress themselves for the ice.

Parental assistance is allowed outside the locker rooms.



#### INSURANCE/MEDICAL

**EACH PARTICIPANT MUST POSSESS MEDICAL INSURANCE.**Neither Mitch Korn nor anyone associated with Mitch Korn's

Specialized Hockey Camps, Inc. will be responsible for any medical or dental insurance. Any accidents or illness will be treated at a hospital near the ice facility. Our medical insurance form is available on our website for each to print. A medical and liability release statement is included on this form. It must be signed by

parent or guardian and brought

to registration.

#### AGES. STRUCTURE. & ENROLLMENT

We accept ages 9 thru adult, with the goalies grouped in "teams" by age and ability. All ice work is done as an individual, with a partner, or in a "station" of 3-4. What <u>you</u> do is important, not what the goalie does next to you. Enrollment is limited and is first come, first served. This is a commuter program. . . no housing is provided. Details on a **host hotel** are provided in the final info sheet available on our website. Ages are as of Dec. 31, 2015. **We sold out last summer.** 



#### **CONFIRMATION MAILING/REGISTRATION**

Shortly after our receipt of your application and deposit, we send an acceptance statement explaining how to access our website to print final detailed information on the program, and a medical form. Registration will be THURS. morning at 7:40am. A full day will follow. The program is 4 days...Thurs. thru Sunday.

#### COST/DEPOSIT/REFUND POLICY

The cost per goalie is \$580 per camp (U.S. funds). A <u>non-refundable</u> deposit fee of \$100 is charged and must be sent with the application form and is applied to your tuition. The balance is due by **May 1**. The complete refund and balance of payment procedure is part of the information which you will print from our website. Full payment must accompany any application received after May 1, should space be available.

#### TYPICAL SCHEDULE

7:40am Register on Thurs.. June 18

8:30a Daily Arrival
8:35a Classroom
10:15a - 11:45 On ice training
11:45a Lunch

1:00p – 3:15 On ice station training

3:45p - 5p Off-ice block



#### **OUR LOCAL COORDINATOR ... JOHN BENHAM**

A long time Miami Hockey Camp staffer, John will serve as the local coordinator, handling marketing, the details of putting on a great camp, and is available to answer questions.



#### FOR MORE INFORMATION

If you have questions, feel free to call:
John Benham: (513) 515-1443 or Mitch: (513) 226-4332



Please Detach

# goalies CINCINNATI CAMPS, INC. - MITCH KORN'S SPECIALIZED HOCKEY APPLICATION FORM 2015

Goalie's Name	HeightWeight	
Address	Current Level of play	
City	Years of ExperienceAmount Enclosed	
StateZip code	BirthdateAge as of <b>Dec. 31, 2015</b>	
Phone # (cell)(home)	Signature of Parent/Guardian	
Parent's e-mail address:	Make check payable to Mitch Korn's Specialized Hockey Camps, Inc.	3, Inc.
Jersey size (circle): Adult Sizes: M L XL XXL	mail to: Korn Camp Cincinnati Goaltenders PO Box 190 Oxford, Ohio 45056	15056

Washington Capitals Goaltender Coach

## CH KORN presents

the 2015

# CINCINNATI SPÉCIALIZED GOALTENDER PROGRAM

JUNE 18-21

<u>Thurs. thru Sun.</u>

<u> \*Ages 9 - adult</u>

\*Sold out in '14

\*Full day program Best in the business

### @ SportsPlus





10765 Reading Rd. Cincinnati, Ohio 45241 for more info contact John Benham @ (513) 515-1443

or check out our website: www.mitchkorn.com