



## ABOUT "KORN CAMP"

Back in 1977 Mitch Korn ran his first weekend **Goaltender Program** in Buffalo, NY. In between then and now, Mitch and the staff have developed this unique concept. These camps have now grown into the **best in the country** with 8 locations offered. Why not attend a program specially designed by position? In fact, it was Mitch's work in goalie camp that helped him land the job as the Sabres Goalie Coach in 1991.

## MITCH KORN...celebrating 32 years in the NHL

Mitch is in his 5th year with the **NY Islanders** after 4 years with the **Capitals**, 16 seasons with the **Predators** and 7 seasons with the **Sabres**...and he is a **Stanley Cup Champion**. His hard work, communication skills, ability to "dissect" a goalie's game, and great sense of humor have gained him the respect and friendship of those he has

coached and worked with. Fondly referred to as "**Children of the Korn**" (a phrase coined by Islanders former coach Barry Trotz) these current and former goalies (many who are now coaching) have benefited from and helped spread the "goalie gospel according to Mitch". With Robin Lehner's nomination (2019) and Braden Holtby winning of the 2016 Vezina Trophy, they marked the 9<sup>th</sup> Korn coached goalie nomination and 5<sup>th</sup> awarded Vezina. Dom Hasek also won 2 MVP Hart trophies under Korn. He is the only coach in NHL history to coach a goalie to a Vezina with two different teams (Buffalo, Washington). Korn goalies have earned the 3 Jennings Trophies (fewest goals against) with the NYI (Lehner & Greiss), Buffalo (Fuhr & Hasek) and Caps (Holtby). Mitch has coached many present and former pros. Some include: Semyon Varlamov, Ilya Sorokin, Cory Schneider, Thomas Greiss, Chris Gibson, Braden Holtby, Philipp Grubauer, Vitek Vanecek, Robin Lehner, Pekka Rinne, Carter Hutton, Devin Dubnyk, Scott Darling, Pheonix Copley, Parker Milner, Mike McKenna, Chris Mason, Dan Ellis, Marty Biron, Dominik Hasek, and Tomas Vokoun.



Mitch has coached and influenced others who have (in the past) or who are currently coaching professionally. Some include: Ben Vanderklok (Nash.), Scott Murray (Wash.), Steve Briere (Toronto), Wade Flaherty (Winnipeg), Alex Westlund (Detroit), Mike Bales (Buffalo), Olaf Kolzig (development for Wash.), Mike Dunham (AHL for Boston), Justin Peters (AHL for Ottawa), Drew McIntyre (AHL for Winnipeg), and Seamus Kotyk (AHL for Buffalo). **Can anyone match his 32 years of goalie success in the NHL?**

## THE CAMP'S OBJECTIVE

Goaltending is more than just stopping pucks. Our program will teach and drill the **physical skills** needed such as head tracking, shifting, fill and half butterflies, power pushes, shuffles, transitions, recovery, stick skills, post play, etc., along with the **mental skills** such as save selections, "reading the play," angles, rebooting, situational analysis, "toughness", focus, etc. We provide a **"full-day" program**. **A great staff is put together to assist Mitch.**

## MITCH'S PHILOSOPHY

There is no substitute for hard work. Mitch works the goalies hard, but he also believes in having lots of fun. Humor is a major part of the teaching process. The goalies work together as a "team" or "fraternity" all camp long. Mitch runs the camp and does a significant amount of the teaching.

## THE CAMP'S FORMAT

The goalies will receive 3.5 hours of ice time daily, plus 3.5 hours of structured off ice activities. Video will be taken of the goalies to reinforce the skills of the day.

## THE ON ICE PROGRAM

The ice time is divided into 2 sessions. The first is designed to teach and drill the skills needed. The second consists of "stations" with shooters and lots of pucks to help the goaltender "execute" on the skills taught. **We use great training tools such as low & high shot screen boards, deflection boards, a deflection ramp, an on ice mirror, glove weights, pro-angle, the med ball "goalie stabilizer," bungee balls, focus enhancers, a head tracking leash, on ice video and mini & white pucks.**



## OFF ICE PROGRAM

The goalies will have 2 daily off ice sessions which include: video instruction, uniquely developed NHL highlight footage to help teach "goalie sense," mental skill development, reading and reacting, how to handle the many game situations, equipment innovations...and more!

## EQUIPMENT NEEDED

All players must supply their own, and always wear properly, full, legal equipment. A camp jersey is provided. All players should be able to dress themselves for the ice. Parental assistance is permissible outside the locker rooms. Personal water bottles are optional.



## INSURANCE/MEDICAL

**EACH PARTICIPANT MUST POSSESS MEDICAL INSURANCE.** Neither Mitch Korn nor anyone associated with Korn Camp will be responsible for any medical or dental expenses. Any accidents or illness will be treated at a hospital near the ice facility. Our medical form is available on our website for each participant to print. A medical and liability release statement is included on this form. It must be completed and signed by parent or guardian and brought to check-in on the first morning.

## AGES, STRUCTURE, & ENROLLMENT

We accept ages 9 - adult, with the goalies grouped in "teams" by age and ability. All ice work is done as an individual, with a partner, or in a "station" of four. What you do is important, not what the goalie does next to you. Enrollment is limited to 36 per group, first come, first serve. Two groups are formed. This is a commuter program - no housing is provided. **Ages are as of Dec. 31, 2023.**

## REGISTRATION / CONFIRMATION E-MAIL / CHECK-IN

**All registration is done on-line.** Please see the page below for details. Once registered, you will receive an acceptance e-mail explaining how to access the camp final information sheet, and a medical form. **CHECK-IN will be Monday morning at 7:30am. A full day will follow.**

## COST/DEPOSIT/REFUND POLICY

Cost per goaltender is \$780 (U.S. funds). A **non-refundable** deposit fee of \$100 is charged and is applied to your tuition. The payment balance is charged on **May 5**. The complete refund and payment procedure is part of the final information sheet. Full payment must accompany any new applications after May 5, should space be available.

## TYPICAL SCHEDULE - 7:30am Check-in on Monday

- 8:30a Daily Arrival
- 8:35a Classroom
- 10:15a On ice training
- 11:45a Lunch (buy package)
- 1:00p - 3p On ice stations
- 3:30p - 5p Classroom



## Our Location - CORNERSTONE Arena in LOCKPORT



After a great first year, we are proud to remain at **Cornerstone Ice Arena in Lockport, NY**. This gorgeous, modern 8-year-old facility will meet all our needs to put on a great program for all goalies and parents.

## HOST HOTEL

**We will have a HOST HOTEL.** More details are on our website in the camp **Final Information Sheet** under "camp forms".

## On-Line Registration / Payment Details

We are planning for a “normal” registration in 2023.  
Be ready ... Demand will far exceed supply. We are so sorry for that.

- On-line registration begins **WED. JAN. 11, 2023 at 9am (east)**
- All enrollment is on-line accessed via [www.mitchkorn.com](http://www.mitchkorn.com) and by clicking the registration prompt on the left side.
- Active Networks is the service provider.
- All fees are paid via credit card.
- The **deposit paid reserves your spot**. That deposit is credited to the full camp tuition and is non-refundable and non-transferable.
- The balance of fees (full tuition less deposit) will be charged to the credit card used to register on **May 5**.
- There is a 5% “**registration fee**” on the full camp tuition to cover credit card and admin. fees and is charged at the time you “pay in full”. This fee is non-refundable and non-transferable.
- Most credit cards are accepted.
- Whether you enroll in camp, or on a wait list, you will receive a **Confirmation E-mail** once the process is complete. If not, check spam and ensure you provided your correct email address.
- Please print your camp’s **Final Information Sheet** and **Medical Form** from the Confirmation E-mail (link within) or from [www.mitchkorn.com](http://www.mitchkorn.com) (go to the Camp Forms tab).
- When you register, attempt to place the desired camp(s) in your cart quickly. You will have 13 minutes to log in or create an account and complete the personal application information.
- Should you end up on a wait list, your wait list position is based on when you **CHECK OUT**... so do that quickly. No credit card is required to get on a wait list.
- To access your Active account to make payments, edit family info., update credit card, etc., go to:

<https://campsself.active.com/MitchKornsSpecializedHockeyCampsInc2023>

NY Islanders' Director of Goaltending

# MITCH KORN

presents

*the very best*



## 2023 Buffalo/LOCKPORT SPECIALIZED GOALTENDER PROGRAM

**JULY 17 - 20**

**\*Mon. – Thurs.**

**\*4 days\***

**\*Ages 9 – adult**

**\*Sold out in '22**

**\*None Better**

**\*Full day program**



**CORNERSTONE ICE ARENA**

**1 Grigg Lewis Way  
Lockport, NY 14094**

*for more info call Mitch  
@ (513) 226-4332*

*or visit our website:*

**[www.mitchkorn.com](http://www.mitchkorn.com)**